## AUGUST 2019

## Kirtland Middle and High School Mend

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21 OPENING DAY CORN DOGS WITH CRISPY POTATOES Choice of Sides: Salad Bar, Assorted Fruits and Juices Variety of Milk	SUPER NACHO'S WITH MEAT, CHEESE, AND BAKED NACHO CHIPS Choice of Sides: Salad Bar, Assorted Fruits and Juice Cups Variety of Milk	DOMINO'S DAY
CHICKEN NUGGETS AND POTATO TRIANGLES Choice of Sides: Salad Bar, Assorted Fresh and Cupped Up Fruit Variety of Milk	SWEET AND SOUR CHICKEN WITH SEASONED RICE Choice of Sides: Salad Bar, Assorted Fresh and Cupped Up Fruit Variety of Milk	28 CHEESE FILLED BREADSTICKS WITH MARINARA SAUCE Choice of Sides: Salad Bar, Assorted Fruits and Juices Variety of Milk	29 SOFT MEAT AND CHEESE FILLED BURRITOS Choice of Sides: Salad Bar, Assorted Fruits and Juices Variety of Milk	DOMINO'S DAY

## Welcome Back

In addition to the featured entrée a variety of hot and cold sandwiches are offered as well as wraps and yogurt parfaits. Salad Bar and Fruits with Milk are also available to make your meal complete.

Please remember that students must take at least ½ cup of a fruit or vegetable to obtain meal pricing.
Otherwise each item is charged at ala carte pricing that is more expensive.

Breakfast is also available daily at the high school.
Middle school students are invited to participate. A complete meal consists of 2 grains, 1 cup of fruit and a choice of milk.

An Enhanced breakfast consists of a smoothie with a choice of grains. 1 cup of fruit is included in the smoothie.

LUNCH WITH MILK \$3.50

REGULAR BREAKFAST \$1.90

ENHANCED BREAKFAST

\$2.90